BUY A MEAL, LEARN TO COOK!

Tuesdays 5:15-6:30pm • UA Outdoor Rec

FALL 2018

September 4 ➤ Bear Down, Eat Up
Buffalo Cauliflower, Mango Pineapple Guacamole, Turkey Sliders

September 18 ➤ Camp Out
Veggie Kabob, Banana S’mores, Omelet In-A-Bag

October 2 ➤ Night in Bangkok
Pad Thai, Spring Rolls with Peanut Sauce, Coconut Mango Sorbet

October 16 ➤ Cheap Eats
Veggie Rice Bowl, Pico De Gallo, Churro Chips

October 30 ➤ Hallo-Week
Jack-O’-Lantern Peppers, Pumpkin Cookie Dough Balls, Ghost Pretzels

November 13 ➤ Gobble Up!
Cauliflower Mashed Potatoes, Apple Cider Glazed Turkey, Pumpkin Pie Shake

November 27 ➤ Mystery Class
Taught by Executive Chef Michael Omo from the Student Union

BROUGHT TO YOU BY:
• Campus Rec
• UA Campus Health Service
• ASUA
• SHAC

$7

DETAILS AT:
cookingoncampus.arizona.edu