BUY A MEAL, LEARN TO COOK!

Tuesdays 5:15-6:30pm • Outdoor Adventures

SPRING 2016

January 26 ➤ Fuel Your Workout
Superfoods Bowl, Protein Shake, Turkey Roll-Ups, Buffalo Chicken Lettuce Wraps

February 9 ➤ Heat Your Heart Out
Zucchini Noodles w/ Lentil Meatballs, Caesar Salad w/ Roasted Chickpeas, Cheesecake Stuffed Strawberries

February 23 ➤ Spice It Up
Cucumber Dill Salad, Infused Water, White Bean Sun Dried Tomato Hummus, Spaghetti Squash w/ Pesto

March 8 ➤ Let’s Brunch
Spinach Quiche Cups, Build Your Own Oatmeal Bowl (BYOB), French Toast

March 22 ➤ Mystery Class!
Taught by Executive Chef Michael Omo from our very own Student Union!

April 5 ➤ Pool Side Pickin’s
Watermelon Salsa, California Citrus Salad, Sundried Tomato Basil Sandwich

April 19 ➤ Snack to Success
Power Smoothie, Trail Mix w/ Dark Chocolate, Mandarin Pistachio Chocolate Slices, Roasted Edamame

DETAILS AT:
cookingoncampus.arizona.edu